

Directional Terms Practice

Complete the following statements by circling the correct term in brackets.

- a. The toes are [proximal or distal] to the ankles.
- b. The scalp is [superficial or deep] to the skull.
- c. The diaphragm is [superior or inferior] to the lungs.
- d. The heart is [superior or inferior] to the diaphragm.
- e. The head is [superior or inferior] to the neck.
- f. The wrist is [proximal or distal] to the hand.
- g. The esophagus is [dorsal or ventral] to the vertebral column.
- h. The esophagus is [anterior or posterior] to the vertebral column.
- i. The brain is [superior or inferior] to the spinal cord.
- j. The fingers are [proximal or distal] to the hand.
- k. The kneecap is [dorsal or ventral] to the knee joint.
- l. The kneecap is [anterior or posterior] to the knee joint.
- m. The eyes are [medial or lateral] to the bridge of the nose.
- n. The nose is [medial or lateral] to the ears.
- o. The thumb is [proximal or distal] to the hand.
- p. Bones are [superficial or deep] to the skin.
- q. The kidney is [medial or lateral] to the vertebral column.

Fill in the blanks below using the following terms:

Proximal	Distal	Anterior	Posterior
Dorsal	VentralSuperior	Inferior	Deep
Medial	Lateral Distal	Proximal	Superficial

- a. The spleen is.....to the kidneys
- b. The adrenal gland is.....to the kidney.
- c. The thymus is.....to the heart.
- d. The thyroid is.....to the trachea.
- e. The stomach is.....to the heart.
- f. The pericardium is.....to the heart
- g. The diaphragm is.....to the lungs
- h. The uterus is.to the intestines
- i. The spinal cord isto the vertebral column.
- j. The thumb isto the elbow.
- k. The humerus is.....to the ulna.
- l. The lungs areto the heart.
- m. The bladder is.....to the small intestine.
- n. The esophagus is.....to the trachea.
- o. The intestines are.....to the liver.
- p. The nasal cavity is.....to the mouth
- q. The heart is.....to the elbow.
- r. The heart is.....to the stomach.